

Foundation in Coaching Practice The learning journey

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	
<div>60 min</div> <div>Introductions Pre-work</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Programme Overview What is Coaching?</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Learning Theory and Coaching Foundation Skills</div> <div><div>Buddy Coaching</div></div>	<div>120 min</div> <div>Webinar</div> <div>Foundation Skills Performance Coaching</div> <div><div>Skills Practice (S1)</div></div>	<div>60 min</div> <div>Coach Mentor Session 1</div> <div></div>		<div>120 min</div> <div>Webinar</div> <div>Shared Learning 1</div> <div></div>		<div>120 min</div> <div>Webinar</div> <div>Person Centred Coaching</div> <div><div>Skills Practice</div></div>	
<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19
	<div>60 min</div> <div>Coach Mentor Session 2</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Skills Practice (S2)</div> <div></div>	<div>90 min</div> <div>Webinar</div> <div>Shared Learning 2</div> <div></div>		<div>120 min</div> <div>Webinar</div> <div>Solutions Focused Coaching Part 1</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Solutions Focused Coaching Part 2</div> <div><div>Skills Practice</div></div>		<div>60 min</div> <div>Coach Mentor Session 3</div> <div></div>	
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Week 20	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	Week 27	Week 28	Week 29
<div>120 min</div> <div>Webinar</div> <div>Shared Learning 3</div> <div></div>		<div>120 min</div> <div>Webinar</div> <div>Working with Values Integrating Models</div> <div><div>Skills Practice (S3)</div></div>	<div>90 min</div> <div>Webinar</div> <div>Transcript and Prepare for Skills Assessment Tutorial</div> <div></div>			<div>60 min</div> <div>Coach Mentor Session 4</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Skills Practice (S4)</div> <div></div>	<div>120 min</div> <div>Webinar</div> <div>Shared Learning 4</div> <div></div>	
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Week 30	Week 31	Week 32	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Close
<div>420 min</div> <div>Webinar</div> <div>Skills Assessment Day – Full Day</div> <div></div>			<div>60 min</div> <div>Webinar</div> <div>Assignment Tutorial</div> <div></div>	<div>60 min</div> <div>Coach Mentor Session 5</div> <div></div>				<div>Assignment Submission with</div> <div><div>36 hrs</div>Applied coaching</div> <div><div>5 hrs</div>Coach mentoring</div>	<div>Certificate awarded</div> <div></div>
<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>	<div></div> <div></div> <div></div>